

北獅技藝的傳習與實踐——

以國立臺灣戲曲學院民俗技藝學系為例

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摘要

本文旨在北獅技藝的傳習與實踐，所謂「技藝」，則包括技術方法與藝術內涵。筆者以實際經驗參予研究瞭解北獅技藝的傳承與脈絡，藉由文獻蒐集、課程設計、師資訪談、影音整理與實際操作分析，和即時動作回饋；探討民俗技藝傳承上之教育價值。

研究結果發現北獅技藝在正規教育體制下技藝傳承分成三個時期：

一. 1982~1996年由吳成琨教師(已故)、張連起教師(已故)（綜藝科），以紮實的基本功，單獅踩球雙球過板、梅花樁為主。

二. 1996~2001年由于 斌教師(已故)（北京雜技團）訓練北獅表演者，平衡感來呈現各種表演姿態，呈現技巧動作的延伸，並以單、雙獅過板、獅童空翻站球為主。

三. 2001~2013年由彭書相教師、陳儒文教師（民俗技藝學系）共同研發並結合南獅跳躍技巧，讓北獅在梅花樁上起頂、後空、前翻躍下樁技術動作為主。在訓練過程中利用攝影分析法與即時動作回饋，讓測量數據更加客觀，減少人為上的判定誤差，有了科學與系統化分析，使學生做高難度技巧時支撐點與角度更加準確。

總結本研究中無論是哪時期的獅藝傳承與創新，紮實的基本功是技巧創新的來源之一。在此次研究並提出思考與建言，讓北獅技藝更以系統化、科學化的歸納出日後教學方針。

關鍵字：北獅、雜技、梅花樁、民俗技藝

The pass down and practice of the Northern Lion— —An Example of Department of Acrobat of NTCPA

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The purpose of this article is about the pass-down and practice of the Northern Lion. The so-called "feats" consists of technical methods and connotation of art. In the study, the author applied his own practical experience to do the research on the pass-down and the history of the Northern Lion. We discovered the educational value of the pass-down of traditional folk art by collecting documents and files, designing courses, interviewing the teachers, sorting the videos, analyzing real practices and giving feedback for immediate actions.

In the study, we found out that the pass-down for Northern Lion skill divided into three stages in the formal education system:

I. Leading by the professor, WU, CHENG-KUN (deceased) and ZHANG, LIANQI (from division of folk art) from 1982 to 1996. They used solid basic skills, mainly with one lion standing on a giant ball and using two balls passing a board, also with the quincuncial piles.

II. From 1996 to 2001, professor XU, BIN (deceased) (Beijing Acrobatic Troupe) trained the lion dance player to perform various posture with the sense of

balance, and to present the extend of the skills and actions. It is mainly based on two lions passing a board and the lion kid flipping on a ball.

III. During 2001 to 2013, professor PENG, SHU-HSIANG and CHEN, RU-WEN (from the Department of Acrobatics and Dance) worked together and researched the combination of the skill of flipping for the southern lion. Generally speaking, it is to make the Northern Lion do the backward flip and forward flip to descend the piles. In the training, they utilized the scientific and organized way to analyze, to make the supporting point and angle more precisely when students are dealing these difficult skills.

In conclusion, the basic comprehensive skill is a source of the innovation, and no matter in which period of pass-down and innovation of this research. In this study, we propose our thoughts and suggestions so as to use a standard and scientific way to generalize a training guideline for the Northern Lion art in the future.

Keywords : The Northern Lion Skills, Acrobatics , Quincuncial Piles, Department of Acrobat